

One Day

Choreographed by **Julia Wetzel**
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Type of dance: 48 counts, 2 walls, Intermediate line dance
Music: One Day by Charice (Single: One Day)
Download available from iTunes and Amazon. Track Length: 3:13
Intro: 16 counts (approx. 10 seconds into track)

V1.3

Counts	Footwork	Facing
1 – 8	Out, Out, Hold, Ball, Cross ¼, ¼, Hold, Ball, Step	
1-2	Step R to R side (1), Step L to L side (2)	12:00
3&4	Hold (3), Step ball of R slightly behind L (&), Cross L over R (4)	12:00
5-7	¼ turn L step back on R (5), ¼ turn L step fw on L (6), Hold (7)	6:00
&8	Step ball of R slightly behind L (&), Step L fw (8)	6:00
9 - 16	Step, ¼ Paddle (2x), Side, Side, Hold, Side Body Rolls (R & L)	
1-3	Step fw on R (1), ¼ Paddle turn R step ball of L to L side, (2) ¼ Paddle turn R step ball of L to L side (3)	12:00
4-6	Step L to L side (4), Step R to R side (5), Hold (6)	12:00
7-8	Side body roll to R (7), Side body roll to L weight ending on L (8) <i>Easy Option: Shift weight to R and raise R shoulder up while dropping L Shoulder (7), Shift weight to L and raise L shoulder up while dropping R Shoulder (8)</i>	12:00
17 - 24	Step, Step, Mash Potato, Behind, Unwind, Ball, Step, Step	
1-2	Step fw on R (1), Step fw on L (2)	12:00
3&4	Touch R toe fw turning both heels in (3), Swiveling both heels out and swing R to R side (&), Swivel both heels in and step R slightly behind L (4)	12:00
5, 6	Touch ball of L behind R (5), Unwind ¾ L ending with weight on L (6) <i>Styling Option (6): Delay ¾ unwind until almost at the end of count and then unwind quickly</i>	3:00
&7-8	Step ball of R in place (&), Step L fw (7), Step R fw (8)	3:00
25 - 32	Step, Scuff-Hitch, Back, Heels Up & Down, ¼, Hold, ½, ½	
1, 2&3&4	Step L fw (1), Scuff R fw (2), Hitch R (&), Step R back (3), Lift both heels (&), Step both heels down with weight ending on R (4)	3:00
5-6	¼ turn L step L fw (5), Hold (6)	12:00
7-8	½ turn L stepping back on R (7), ½ turn L step fw on L (8) *Restart on Wall 3 after here	12:00
33 - 40	Slow Walk (2x), Step, Forward Mambo, Back, Together	
1-4	Step fw on R cross L (1), Drag L to R (2), Step fw on L cross R (3), Drag R to L (4)	12:00
5, 6&7,8	Step fw on R (5), Rock fw on L (6), Recover on R (&), Large step back on L (7), Step R next to L (8)	12:00
41 - 48	¼ Scissor Cross, Side, Behind, ¼, Full Turn Pirouette, Step	
1-4	¼ turn R step L to L side (1), Step R next to L (2), Cross L over R (3), Step R to R side (4)	3:00
5-6	Step L behind R (5), ¼ turn R stepping fw on ball of R (6) (prep for turn)	6:00
7-8	Full turn R on ball of R tucking L foot behind R calf/ankle (7), Step down on L (8) (shoulder width apart from R) <i>2¼ Turn Option for Wall5 (6-8): Double pirouette (6-7), Step down on L continue ¼ turn R (8)</i>	6:00
Restart	On Wall 3, dance up to count 32 (facing 12:00) then start Wall 4 facing 12:00	
Ending	After count 32 of Wall 7, continue turning another ½ turn L on L and then step R together with L to face 12:00	