

One Reason

Count: 64 **Wall:** 1 **Level:** Advanced Smooth

Choreographer: Fiona Murray, Guyton Mundy & Roy Hadisubroto – Nov 2016

Music: Million Reasons by Lady Gaga

[1-8]side, 1/4, 1/2, step, 1/4, out with arm raise, hand close, knee pop, prep, 1 1/4 , hitch

- 1-2 step right to right, make ¼ turn stepping together with left
step forward on right as you make ½ turn pivot left, step down on left, make ¼ turn left
- &3&4 stepping right to right side, step left to left as you raise right arm up in front palm open
- 5&a close fist, pop knees up, return to neutral
- 6 rock to right as you prep
- make ¼ turn left as you step forward on left, make ½ turn left stepping back on right,
- 7&8 make ½ turn left stepping forward on left as you hitch right up and bring arms in to chest

[9-16]Back X2, 1/4 rock, sway, full, sways, step with sweep, cross, side, back on diagonal

- 1&2 step back on right, step back on left, make ¼ turn right rocking right to right
- sway left, make ¼ turn right stepping forward on right, make ½ turn right stepping
- 3&4& back on left, make ¼ turn right rocking right to right
- 5&6 sway left, sway right, step left to left as you sweep right in front
- 7&8 cross right over left, step back on left, step back on right to the diagonal at 1:30 while prepping back to right

[17-24]coaster, full, slow running step, rock recover back, back X 2, 1/4 turn rock

- 1&2 step back on left, step together with right, step forward on left
- ½ turn over left stepping back on right, ½ turn over left stepping forward on left, step
- 3&4 forward on right as you lift left leg up like you're running slowly
- 5&6 rock forward on left, recover on right, step back on left
- 7&8 step back on right, step back on left, make 1/8 of a turn as you rock right to right bringing arms up into a prep

[25-32]Rock/recover step with arm hit and sweep, cross, side, back with sweep, coaster, 1/2, 1/2, Full

- rock forward on left as you swing right elbow forward, rock back on right as you swing
- 1&2 right elbow back, make ¼ turn left as you step forward on left and sweep right forward and throw right arm forward (this will be to 12:00 wall)
- 3&4 cross right over left, step back on left, step back on right
- 5&6 step back on left, step together with right, step forward on left
- 7&8 make ½ turn over left stepping back on right, make ½ turn over left stepping forward on left, make full turn on left over left

[33-40]Out with arm raise and foot tap, side, behind, together, 1/4 rock with collapse and arm styling, back, back, 1/4 with arm hits

- 1-2 step right to right as you raise right hand with right index finger pointed up and tap

right heel, tap right heel again

- 3-4&5 drop right arm as you step left to left, make $\frac{1}{4}$ turn right as you step back on right, step together with left, step forward on right as you bow down with hands in prayer position
step back on left as you drop hands and raise body back up, step back on right, make
6&7 $\frac{1}{4}$ turn left as you step left to left side extending left hand out to left side with open palm
&8& extend right hand to right with open palm, bring hands to chest as you drop head, throw both hands out to either side as you lift head

[41-48]step with sweep, cross back, 1/2, 1/2, full, cross back side, cross back side

- 1-2 step forward on left as you sweep right forward, cross right over left
&3-4 step back on left, make $\frac{1}{2}$ turn over right stepping forward on right, make $\frac{1}{2}$ turn over right stepping back on left
&5 make $\frac{1}{2}$ turn over right stepping on ball of right as you start a $\frac{1}{2}$ turn sweep to the right, finish $\frac{1}{2}$ turn sweep over right
6&7 cross left over right, step diagonally back on right, step back on left
&8& cross right over left, step diagonally back on left, rock back on right

[49-56]walks with arm pull, rock/recover, 1/2, 1/2, big step back with push, rock/recover

- 1& step forward on left raising right arm up diagonally forward palm open facing forward, close fist as you rotate hand $\frac{1}{2}$ turn so fist is facing upward
2& step forward on right as you draw right hand in and down to right side, lift left hand up palm open as you slide left foot next to right
3& step forward on left as you close left fist bringing left arm down to left side, left right hand up palm open as you slide right foot next to left
4 step forward on right as you close right fist bringing right arm down to right side,
5&6 rock forward on left, recover on right, make $\frac{1}{2}$ turn over left stepping forward on left
&7 make $\frac{1}{2}$ turn over left stepping back on right, take big step back on left as you push right hand forward palm open
8& rock back on right, recover on left

[57-64]walks with arm raise, hook, 1/2, piece sign with look, step, half pivot, 1/2 with push, 1/2

- 1-2-3 walk forward on right, walk forward on left, walk forward on right as you raise right hand with right index finger extended
&4 hook left behind right, unwind $\frac{1}{2}$ turn over left
5 look over right shoulder as you give peace sign (index and middle finger spread into "V" with other fingers closed)
6&7 step forward on right as you drop your right hand, make $\frac{1}{2}$ turn pivot over left shoulder weight transitioning to right foot, make $\frac{1}{2}$ turn over left stepping forward on left as you push right hand back palm open
8& step forward on right as you drop right hand, make $\frac{1}{2}$ turn over left transitioning weight to left foot

Restart: Restart on 2nd time through will be at count 60. As you hook-unwind, unwind a full

turn over left shoulder and restart the dance by stepping right to right.

Tag: Happens on 3rd time through. On last 8, after rock-recover, you walk forward 1-2-3 while raising hand up with index finger pointed. Rock forward on left, rock back on right, step back on left for 4&5. Walk back on right for 6, walk back on left for 7. Rock back on right, recover on left. Step forward on right which will restart dance on last 8 counts.

Ending: On the last 8 counts starting at 5, the music will start to slow down. Continue the dance through 6&7. Do not make $\frac{1}{2}$ turn back to front wall. Just walk off the dance floor.