

# Tangled Up

**Count:** 64    **Wall:** 4    **Level:** Advanced

**Choreographer:** Rob Fowler – Feb. 2016

**Music:** Tangled Up by Thomas Rhett (CD: Tangled Up)

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**Count in 24 (approx. 12 secs) – bpm: 116 – 3m 33s**

## **SEC 1: R SAILOR, L BEHIND, FULL UNWIND, R SIDE ROCK/RECOVER, R CROSS SHUFFLE**

- 1&2            Cross step R behind L, step L to L side, step R to R side  
3,4            Cross step L behind R, unwind full turn L (keep weight on L)  
5,6            Rock R to R side, recover weight on L  
7&8            Cross step R over L, step L to L side, cross step R over L (12 o'clock)

## **SEC 2: L DIAGONAL ROCK/RECOVER, L BEHIND, SIDE R, CROSS L, UP/DOWN HIP BUMPS, BALL CROSS**

- 1,2            Rock diagonally fwd L on L, recover weight on R  
3&4            Cross step L behind R, step R to R side, cross step L over R  
5,6,7          Step R to R side and bump R hip up, bump R hip down, bump R hip up (weight on R)  
&8            Step L next to R, cross step R over L (12 o'clock)

## **SEC 3: BACK L, SIDE R, CROSS L, R HITCH & KICKS, DIAGONAL BACK R, DIAGONAL BACK L, R COASTER**

- 1,2,3          Step back L, step R to R side, cross step L over R towards diagonal (1 o'clock)  
&4            Hitch R and kick foot out to R side, kick foot back in towards L  
5,6            Staying on diagonal step back R, step back L  
7&8            Step back R, step L next to R, step fwd R (1 o'clock)

## **SEC 4: DIAGONALLY FWD L, DIAGONALLY FWD R, L MAMBO 3/8 TURN L, R KICK & POINT, L KICK & POINT**

- 1,2            Staying on diagonal step fwd L, step fwd R (1 o'clock)  
3&4            Rock fwd L, recover weight on R, make a 3/8 turn L stepping fwd L (to straighten up to 9 o'clock)  
5&6            Kick R fwd, step R next to L, point L to L side  
7&8            Kick L fwd, step L next to R, point R to R side (9 o'clock)

**\*\* TAG HERE DURING WALL 2 THEN RESTART (facing 6 o'clock)**

## **SEC 5: R SAILOR, L SAILOR, R ROCK/RECOVER, 1½ TURNS R**

- 1&2            Cross step R behind L, step L to L side, step R to R side  
3&4            Cross step L behind R, step R to R side, step L to L side  
5,6            Rock fwd R, recover weight on L  
7&8            Make ½ turn R stepping fwd R, make another ½ turn R stepping back L, make another ½ turn R stepping fwd R (3 o'clock)

## **SEC 6: L ROCK/RECOVER, STEP L, R HEEL, HOLD, STEP R, L ROCK/RECOVER, ¾ TURN**

## **SHUFFLE L**

- 1,2 Rock fwd L, recover weight on R  
&3,4 Step L next to R, touch R heel fwd, hold  
&5,6 Step R next to L, rock fwd L, recover weight on R  
7&8 Make ½ turn L stepping fwd L, step R next to L, make ¼ turn L stepping fwd L (6 o'clock)

## **SEC 7: LONG STEP SIDE R, HOLD, BALL CROSS, SIDE L, R BEHIND, FULL UNWIND, L SIDE ROCK/RECOVER**

- 1,2 Long step R to R side, hold  
&3,4 Step L next to R, cross step R over L, step L to L side  
5,6 Cross step R behind L, unwind full turn R (keep weight on R)  
7,8 Rock L to L side, recover weight on R (6 o'clock)

## **SEC 8: L HEEL JACK, R HEEL JACK, STEP R, CROSS L, SIDE R, L BEHIND, ¼ TURN R, STEP FWD L**

- 1&2& Cross step L over R, step R to R side, touch L heel diagonally fwd L, step L next to R  
3&4& Cross step R over L, step L to L side, touch R heel diagonally fwd R, step R next to L  
5,6 Cross step L over R, step R to R side  
7&8 Cross step L behind R, make ¼ turn R stepping fwd R, step fwd L (9 o'clock)

## **START AGAIN**

**\*\*TAG :During Wall 2, dance up to and including Section 4, count 8, add the following Tag, then RESTART (facing 6 o'clock)**

### **SEC 1: R JAZZ BOX, ROLLING VINE R**

- 1-4 Cross step R over L, step back L, step R to R side, step L next to R  
5-8 Make ¼ turn R stepping fwd R, make a ½ turn R stepping back L, make ¼ turn R stepping R to R side, touch L next to R and clap

### **SEC 2: ROLLING VINE L, ROLLING VINE R**

- 1-4 Make ¼ turn L stepping fwd L, make a ½ turn L stepping back R, make ¼ turn L stepping L to L side, touch R next to L and clap  
5-8 Make ¼ turn R stepping fwd R, make a ½ turn R stepping back L, make ¼ turn R stepping R to R side, step L next to R and clap

### **SEC 3: BUMP HIPS R, BUMP HIPS L**

- 1,2 Bump hips R, bump hips